



Logout

1. What year were you born in?

2. Are you male or female?

- ☐ Male
☐ Female

Next, tell us about how you usually use digital media.

3. What do you usually do when you **access the Internet**? (Select all that apply.)

- ☐ Use a search engine (like Google or Yahoo).
- ☐ Watch a video online (like Youtube or Vimeo).
- ☐ Listen to music (like Spotify, Melon).
- ☐ Post a comment online.
- ☐ Send a chat message through an app (like WhatsApp, WeChat, Kakao).
- ☐ Send an email through a website (like Gmail or Hotmail).
- ☐ Play video games (like Minecraft or Roblox).
- ☐ Create a profile on a social network site (like Instagram, Facebook, Twitter).
- ☐ Share videos or pictures with others on a social network site (like Instagram, Facebook, Twitter).
- ☐ Share videos or pictures to friends through a website (like Gmail or Hotmail).
- ☐ Buy or sell things on an e-commerce site (like Amazon, e-bay, G-market).
- ☐ Others (please specify)

4. What **social media or chatting apps** do you use? (Select all that apply.)

- ☐ Snapchat
- ☐ WhatsApp
- ☐ WeChat
- ☐ Kakao
- ☐ Line
- ☐ Kik
- ☐ Instagram
- ☐ Twitter
- ☐ Tumblr
- ☐ LinkedIn
- ☐ Facebook
- ☐ Youtube
- ☐ I don't use social media or chatting apps.
- ☐ Others (please specify)

5. What devices do you usually use to **access the Internet**? (Select all that apply.)

- ☐ Family Personal computer / laptop
- ☐ Family iPad / tablet (e.g. Apple iPad, Samsung Android, etc.)
- ☐ Family mobile phone / smartphone (e.g. Apple iPhone, Samsung Android, etc.)
- ☐ My personal computer / laptop
- ☐ My iPad / tablet
- ☐ My mobile phone / smartphone
- ☐ School computers
- ☐ Internet cafe computers
- ☐ Other public facility (e.g. library desktops)
- ☐ Gaming device (e.g. portable Nintendo DS or console based Xbox, Wii, Playstation, etc.)
- ☐ Music device (e.g. iPod, MP3 player, etc.)
- ☐ Smart watch (e.g., Apple Watch, Samsung Gear, Fitbit, etc.)
- ☐ Others (please specify)

Let's check how much time you use digital media.

6. On a typical school day (Monday through Friday), for how many hours do you **use digital media** during each of the following times?

	Never	less than 1 hour	1 - 2 hours	2 - 3 hours	3 - 4 hours	4 hours or more
From when you wake up until lunch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Between lunch and dinner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Between dinner and bedtime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. On a typical weekend day (Saturday and Sunday), for how many hours do you **use digital media** during each of the following times?

	Never	less than 1 hour	1 - 2 hours	2 - 3 hours	3 - 4 hours	4 hours or more
From when you wake up until lunch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Between lunch and dinner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Between dinner and bedtime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Think about your digital media use over the PAST ONE YEAR.

8. Have there been times when you were constantly thinking about using **social media and chatting apps** while you were at school?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. Have you spent more and more time and/or money on **social media and chatting apps** in order to feel the same amount of excitement?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. Have you felt you could not stop using **social media and chatting apps**?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. Have you been unable to reduce your time on **social media and chatting apps**, even after others told you to use it less?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. Do you find yourself using **social media and chatting apps** in order to avoid thinking about things that annoy or trouble you?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. Have you committed illegal/unsocial acts (e.g., stealing from family, friends or elsewhere; or lying to family or friends) in order to use **social media and chatting apps**?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

14. Have you skipped sleep, meals, or bathing so that you could spend more time using **social media and chatting apps**?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

15. Have you lost interest in hobbies or other activities because using **social media and chatting apps** is all you want to do?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

16. Have you experienced serious conflicts with your family or friends because of using **social media and chatting apps**?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

17. Have you gotten a bad grade on an assignment or test because you spent too much time using **social media and chatting apps**?

Yes	No	Sometimes
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Think about your digital media use over the PAST ONE YEAR.

18. Are you good at managing your time so that you can finish your homework before using digital media?

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

19. Do you put your mobile phone or computer away when you have a meal with families or friends?

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

20. Do you check your social media or chatting apps while studying?

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Great work! Now, let's see what you know about digital issues.

21. How does multi-tasking affect you?

- ☐ It makes me capable of doing many things at the same time
- ☐ It makes it hard to stay focused on one task
- ☐ It helps me focus on my work

22. Which of these activities can leave a digital footprint? (Select all that apply.)

- ☐ Sending photos to a friend over email privately
- ☐ Downloading a video file
- ☐ Chatting on social media
- ☐ Filling out a form to register for a new account
- ☐ Posting a photo online
- ☐ Writing a story on a piece of paper

23. What is the big deal about **digital footprints**? (Select all that apply.)

- ☐ They can cause the internet to jam up
- ☐ They can't be removed easily once things are posted online
- ☐ Everyone has a digital footprint, there is no big deal
- ☐ Other people can find out information about me whether I like it or not

24. You took a hilarious picture of a kid at school. If you share it, you will get lots of likes and shares. What do you do?

- ☐ Upload and make it visible to the public and tag the kid but be sure to say something nice about him.
- ☐ Upload it but don't tag him so it doesn't affect his profile.
- ☐ Upload it so that only your closest friends can see.
- ☐ Ask him if you can share the photo with your friends.

25. Check all the statements that are true. (Select all that apply.)

- ☐ All content on the internet is real
- ☐ If the picture can be found online, it must be real.
- ☐ People can post anything online, even if it is not real
- ☐ Stories you read online may be fake but pictures and videos are all real.
- ☐ If a quote is by someone smart and famous, I can trust it is true.

26. We can assume that information online is real if: (Select all the apply.)

- ☐ It is said by someone famous
- ☐ There is a picture or video of it
- ☐ It is from a reliable website
- ☐ It can be found on other websites

27. Which of the following statements apply to you? (Select all that apply.)

- ☐ You use different passwords for different accounts
- ☐ You don't tell anyone your password
- ☐ You change your password every 6 months
- ☐ You always log out of your account when using a shared computer
- ☐ You set up **two-step verifications** for your online accounts.
- ☐ You use a **password manager**
- ☐ None of the above

28. Which of the following actions have you done with your own mobile devices? (Select all the apply.)

- ☐ Put a password on your mobile device
- ☐ Regularly updated your apps
- ☐ Turned off Wi-fi and Bluetooth when not in use
- ☐ Installed security software on your mobile device
- ☐ Found your IMEI number (*#06#)

Here, tell us more about the things you have shared online.

29. What information of yours have you **posted publicly online or shared with someone you first met online in the PAST ONE YEAR?** (Select all that apply.)

- ☐ E-mail address
- ☐ Full name
- ☐ Age or date of birth
- ☐ Phone number
- ☐ Interests or hobbies
- ☐ Photos of you
- ☐ Friend's photos
- ☐ Photos of your family
- ☐ Videos of you
- ☐ Parents' names
- ☐ School name
- ☐ None of the above
- ☐ Not sure

30. Which of the following information is appropriate to share online? (Select all that apply.)

- ☐ My current location
- ☐ My home address
- ☐ My friend's birthdate and birthday party photo
- ☐ My first name or computer username
- ☐ My phone number
- ☐ My full name and nick name

31. Do you think sharing your **personal information** online can be harmful?

Strongly disagree	Disagree	Not sure	Agree	Strongly Agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Read the following statements and pick the option that is closest to your own experiences in the PAST ONE YEAR:

32. I've asked my friends to not post my photos without permission.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

33. I am careful about what I say or post about myself.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

34. I regularly delete comments, posts and pictures that I don't want online.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

35. I am careful about which friend requests to accept.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

36. I modify my privacy setting to keep away from unwanted contacts.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

37. I cover the webcam to prevent being seen.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

38. I feel comfortable using digital devices that I am less familiar with.

Strongly disagree	Disagree	Not sure	Agree	Strongly Agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

39. When I come across problems with digital devices, I think I can solve them.

Strongly disagree	Disagree	Not sure	Agree	Strongly Agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

40. I lie about myself online so I can be more popular and respected.

Strongly disagree	Disagree	Not sure	Agree	Strongly Agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

41. When I am online, I feel connected to people from other countries, and I think that my online actions can affect them and myself.

Strongly disagree	Disagree	Not sure	Agree	Strongly Agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Now, tell us more about the things you've seen and experienced online in the PAST ONE YEAR.

42. In the PAST ONE YEAR, has any of the following happened to you on the internet?
(Select all that apply.)

- ☐ The device (e.g., phone, tablet, computer) I use got infected with a virus or spyware.
- ☐ I lost money by being cheated on the internet.
- ☐ Somebody used my password to access my information or to pretend to be me.
- ☐ Someone found out where I was because they tracked my phone or device.
- ☐ Someone attempted to obtain my **personal information** to steal my money.
- ☐ None of the above

43. Have you EVER treated someone else in a hurtful or nasty way online in the PAST ONE YEAR? (Select all that apply.)

- ☐ I made fun of someone by sending/posting stories, jokes or pictures about him/her
- ☐ I purposely left someone out from an online group
- ☐ I sent or posted cruel and untrue things about someone
- ☐ I entered or used someone's email, website or computer without his/her permission then made changes / sent something to make them look bad
- ☐ I sent or posted messages to someone saying that I will hurt them
- ☐ I pretended to be someone else and sent/posted messages to get that person into trouble or make the person look bad
- ☐ I kept on sending rude and insulting messages to someone
- ☐ I spread rumours or gossip about someone online
- ☐ I tricked someone to provide me secret or embarrassing information and then I sent/posted it online to others
- ☐ None of the above

44. Has someone treated you in a hurtful or nasty way online in the PAST ONE YEAR?

No	Yes
<input type="radio"/>	<input type="radio"/>

45. If you were to receive/have received a hurtful or nasty message online, how would/did you respond? (Select all that apply.)

- ☐ Delete the message straight away
- ☐ Block and report the person
- ☐ Tell my parent(s)
- ☐ Tell a teacher
- ☐ Tell a friend or others
- ☐ Report it to the police
- ☐ Ask the person to stop being mean (e.g., to stop sending hurtful/nasty messages or to delete an embarrassing photo)
- ☐ Reply to the message to scold or hurt them back
- ☐ Ignore it
- ☐ Treat it as a joke, and not as a serious message.
- ☐ Change my privacy/contact settings
- ☐ Reduce the amount of time I spent online
- ☐ Stop using or delete some of my **social media** accounts
- ☐ Others (please specify)

46. What would you do if you see some of your friends sending a mean message to another person?

- ☐ Nothing. It is not my business. I don't want to get into trouble.
- ☐ It's just a fun joke anyway, who cares?
- ☐ Forward the message to others, it will be funny!
- ☐ I will tell an adult right away!
- ☐ I will tell them to stop.
- ☐ I will take revenge by sending a mean message to my friends.

47. Does it make you sad to see someone left out of a group?

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

48. Can you understand how other people feel online?

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

49. Have you chatted online with someone you have never met in real life?

Yes	No
<input type="radio"/>	<input type="radio"/>

50. Have you met someone in real life who you only knew online?

Yes	No
<input type="radio"/>	<input type="radio"/>

51. Have you done any of these things while online? (Select all that apply.)

- ☐ Come across **sexual content** online without actively searching for it
- ☐ Searched for **sexual content**
- ☐ Went to websites with **sexual content** after a search
- ☐ Lied about age to access websites with **sexual content**
- ☐ Downloaded **sexual content** on purpose
- ☐ Received **sexual content** from someone
- ☐ Sent someone **sexual content**
- ☐ Talked about **sexual content** with someone you've never met in real life
- ☐ None of the above

Almost done! Now, help us understand how your parents and teachers have been involved in your digital use.

52. My parents make rules about when and how much time I can spend online, play games, and watch videos.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

53. My parents talk to me about how to decide if online information can be trusted or not.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

54. My parents talk to me about what I should do if someone tries to threaten me.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

55. My school teachers teach me about Internet safety.

Never	Seldom	Sometimes	Often	All the time
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>